

These paragraphs will replace all prior versions, and listings of similar located paragraphs in the specification:

Changes to Paragraphs in the Specification

Page 4, lines 7-18, change paragraph as follows:

The invention devices and methods fulfills the above and other objects by providing a golf training device that has a forearm plate which can be integral or separate and removably attached to a golf club. The forearm plate is preferably narrower at a proximal end from the golf club and is wider at a distal end, which is slightly ~~convex~~ concave at a point of contact with a lower inner forward arm of a golfer. The plate is attached to the top of the handle of a golf club by fastening portion. The fastening portion can include an attachment socket having a threaded hole and adjustment screw to secure a clamp plate tightly against the hand grip of the golf club. The plate can be both bent and twisted at angles to the golf club handle. The bent angle between the golf club and the arm plate is preferably approximately 45 degrees so as to achieve the proper triangular formation of the arms from the position on the hand grip to the golfer's shoulder. The twisted angle can be approximately 15 degrees.

Page 12, lines 1-10, change paragraph as follows:

Referring to Figs. 1-5, the golf training device 1 includes a forearm plate 2 that is shaped in a manner that is a wider, almost fan-shaped, distal end 4 that is slightly ~~convex~~ concave so that it wraps around the lower inner forward forearm of the golfer. The forearm plate 2 is narrower at its proximal end 3 where it is connected to a club attachment socket 5 that is releasably attached to the golf club. Referring to Fig. 2, the longitudinal axis of the forearm plate 2 is preferably twisted

at an angle of up to approximately 15 degrees, preferably between approximately 5 degrees to approximately 15 degree angle to the x-axis of the golf training device 1. The plate 2 is preferably bent at approximately 30 to approximately 45 degrees, preferably approximately 45 degrees. Thus, the device can be both bent and twisted.

Page 23, lines 1-15, change the abstract as follows:

Golf training devices and methods of using a training device, that includes primarily for putting and chipping. The invention can include an attachment socket for attaching the device on top of a hand grip of a golf club and a plate extending from the top of the attachment socket at a bent angle approximately 45 degrees in elevation and at a twisted angle or preferably approximately 15 degrees away from the body of the golfer so that it rests against the lower inner forward forearm of a golfer during putting and chipping. The plate is narrow on a proximal end and wider on a distal end where it is slightly ~~convex~~ concave to conform to the shape of the forearm. The device is removably attached to the golf club by a fastener on the attachment socket having a threaded hole with an adjustment screw tightening an inner clamp against the grip of the golf club so that the grip of the golf club is fastened in the attachment socket. Another version can have two upwardly extending plates that extend in opposite directions to each other from the hand grip. The versions can also be permanently affixed to the clubs.